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# PORT HARDY SECONDARY SCHOOL

P.O. Box 27, Port Hardy, B.C. V0N 2P0

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January 12, 2018

Dear Families,

Student safety is always of utmost importance to us at Port Hardy Secondary School. This includes ensuring that students are supported in making healthy choices for themselves in terms of substance use. We recognize that our youth can have difficult decisions to make in the face of peer pressure regarding substance use. A focus of our support for students is to provide education around making these healthy choices for themselves, and information on the impacts that drugs and alcohol can have on them.

In some instances, drugs may be in forms that are not recognizable. For instance, some drugs may be added to food items. Please discuss with your child the importance of knowing the source of candy and foods that others may offer to share with them.

Christine Swain, Discovery Youth and Family Substance Use Services, will be presenting an information session, "Let's Talk About Drugs", to parents at 6:00pm on Monday, February 5, 2018 in the Port Hardy Secondary School library. Christine's presentation will focus on information about drugs and drug use, as well as strategies for parents to talk to their children about this topic. Please join us for this informative session.

If you are not able to join us on February 5 and you need information or support, Discovery Services can be reached at (250) 902-6064.

Please feel free to contact me if you have questions or concerns.

Sincerely,

A handwritten signature in black ink that reads "R Sweeney". The signature is written in a cursive, flowing style.

Rena Sweeney  
Principal, Port Hardy Secondary School